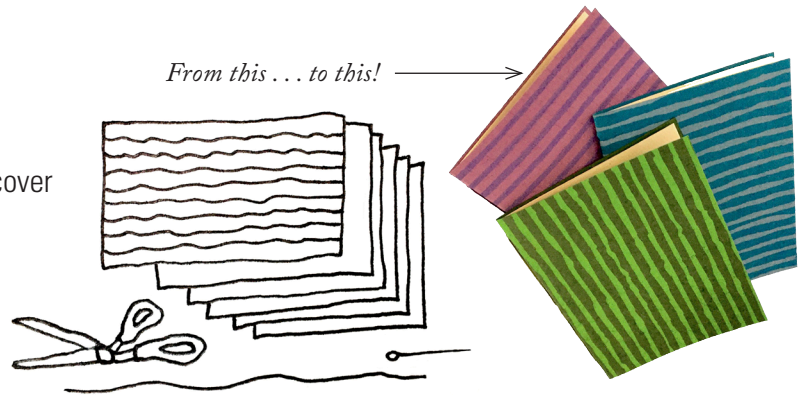


How to Sew a Pamphlet Book

for beginning bookbinders | for at-home creativity

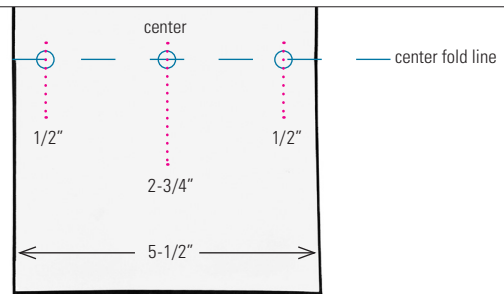
Materials Needed for a 4-1/4" by 5-1/2" Book

- 1 5-1/2" by 8-1/2" cover weight paper
- 5 5-1/2" by 8-1/2" sheets of paper*
 - * but trim these sheets to be slightly smaller than the cover
- Heavy-duty thread, 3 times the height of your book
- A sewing needle
- Scissors for cutting
- But no glue!



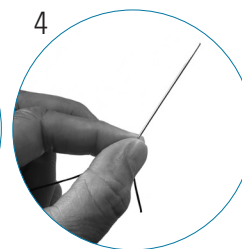
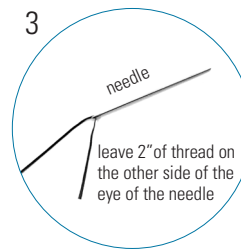
First Steps | Fold and create holes for sewing

1. Fold your text pages and your cover page in half
2. Open, and center the text pages inside the cover fold
3. Poke a hole through the center, and 1/2" from each end with your needle



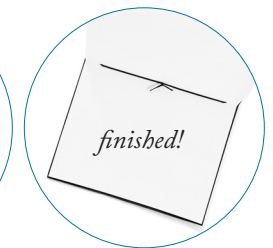
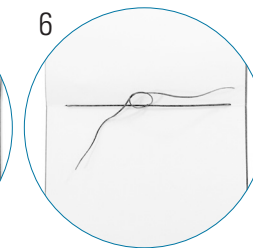
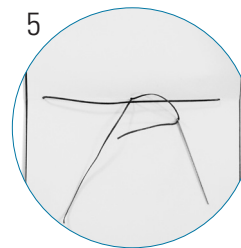
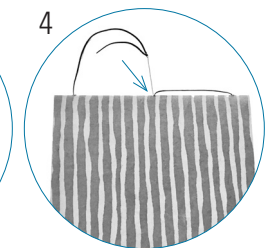
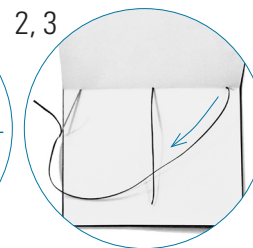
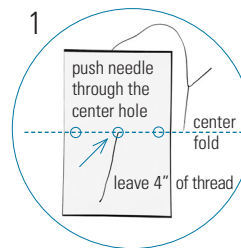
Second Step | Threading your needle

1. Flatten the end of your thread (with your fingernail)
2. Push your thread through the eye of the needle
3. *Do not tie a knot*—Leave 2" of thread beyond
4. Fold it over, then hold with your finger and thumb



Third Step | Sewing the pages

1. Open your pages and insert your needle through the center hole; leave 4" of thread on the inside
2. Sew back through either of the outside holes and back into the inside of your book
3. Bring your thread all the way down to the other end and sew back out through that hole
4. Sew back through the center hole from the outside, careful not to pierce the thread that is already there
5. Make sure your threads are on opposite sides of the center thread, remove the needle, and pull tight
6. Tie a square knot,* and trim the tail ends



You're done!!! Make another one!



**left thread over the right (loop inside and tighten), then right over the left (and loop inside again). Finish by pulling your square knot tight.*